

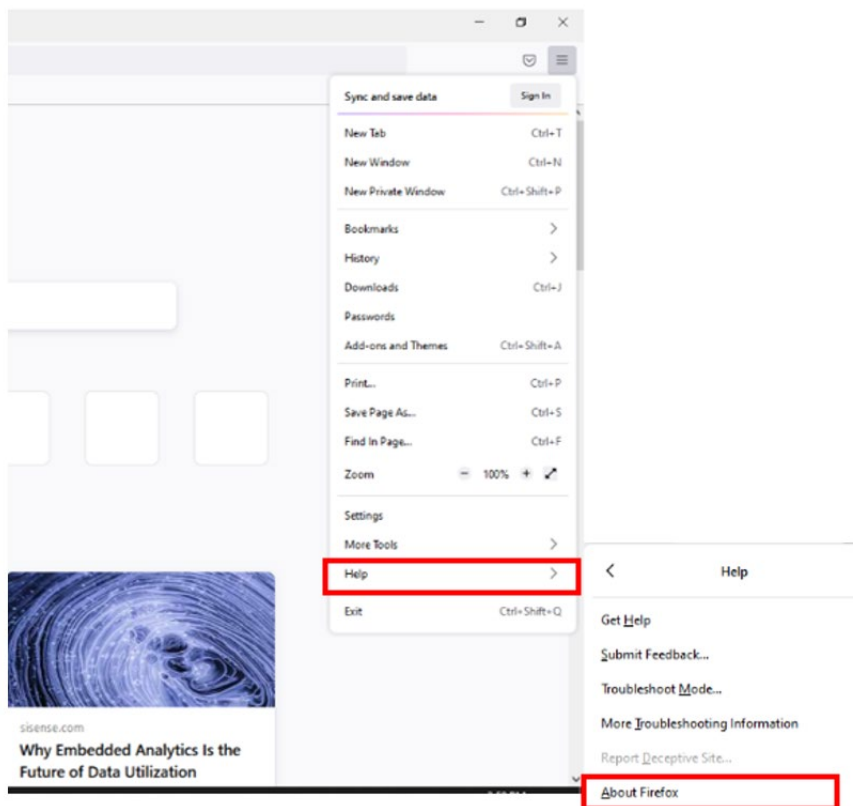
# Steps to Check the Version or Update Firefox for macOS & Windows



Firefox always checks for updates in the background when the browser is running. The minor updates are automatically installed without being noticed. However, a major upgrade needs the browser to restart. Firefox must be one of the latest three current versions to be compatible with Athena Telehealth.

Here are the steps on how to check the version and update Google Chrome:

1. **Launch** the [Firefox](#) browser on your computer system.
2. Hit on ☰ for options in the upper right corner and select **HELP** from the list and then select **ABOUT FIREFOX** option



3. The version of the Firefox browser will appear on the next window.



The Firefox browser will automatically start checking for updates and install if any. Once the Firefox browser is updated, and you'll see the message "**Firefox is up to date**" on completing the update. The version must be within the latest three versions to work with Athena Telehealth.